

**User Instructions Escape-Sheet®  
Standard & Premium**

<p><b>1</b> Preparing the bed with your Escape-Sheet®:</p> <p>1.1 Lay the Escape-Sheet® on the bottom of the bed.</p> <p>1.2 Make sure the label is visible ( right side up). Arrows indicate the correct direction of the head and foot ends.</p> <p>1.3 Make sure the label is visible and place the mattress on top of the Escape-Sheet®.</p> <p><b>NOTE:</b> max dimensions mattress ± 90x200cm.</p> <p>1.4 Make the bed up in the usual manner.</p>	
<p><b>2</b> Preparing the patient for evacuation:</p> <p>2.1 Secure the corner straps of the Escape-Sheet® over the corners of the mattress.</p> <p>2.2 Bolster the patient's neck by placing a pillow under the nape of the neck area to help with protection and support.</p> <p>2.3 If there has been a trauma in the chest area, place a pillow over the chest, so that the straps can be held tight without causing further distress to the patient.</p> <p>2.4 Bring the straps (Standard) or body flaps (Premium) over the bed covers and fasten the clips together.</p> <p>2.5 Pull the straps so that they are at a normal tension, securing the patient.</p> <p>2.6 Remember to secure the straps at the bottom of the sheet (Premium), so that it curves the mattress slightly (this helps to get through doors).</p> <p>2.7 Bring the bed down to its lowest level.</p> <p>2.8 The patient is now ready to be moved.</p>	
<p><b>3</b> Moving the patient from the bed:</p> <p>3.1 If opting for evacuation with the foot-end first, slide the mattress and the patient at a 45 ° angle, so that there is full control of the mattress sliding onto the floor and the patient remains safe.</p> <p><b>NOTE:</b> max. weight capacity 250KG.</p> <p>3.2 If the bed is a full profiling type then it is far safer to drop the foot board and drag straight off the bottom end of the bed feet first as the drop to the floor will be far less in height than a side transfer to the floor.</p> <p>3.3 We strongly advise that the patient is dragged from the bed by 1 operator at the foot end and 1 operator at the head end so as to support the patients head and neck whilst the trunk of the body goes over the side of the bed so decreasing the effect of whiplash to the neck. The Escape-Sheet® cannot be used as a carry device.</p>	

<p><b>4</b></p> <p>4.1</p> <p>4.2</p> <p>4.3</p>	<p>Moving the patient to a place of safety:</p> <p>Drag the Escape-Sheet® down the hallway to a secure compartment.</p> <p>we recommend two people to do this.</p> <p>To improve sliding resistance, raise the foot end slightly higher.</p> <p>When cornering bends, raise the foot end slightly higher. You can also use the side hand grips to steer around corners.</p> <p><b>NOTE:</b> carpet can affect the sliding resistance.</p>	
<p><b>5</b></p> <p>5.1</p>	<p>Continue the evacuation down the stairs, working with two or more people, so as to distribute the weight evenly.</p> <p><b>NOTE:</b></p> <p>When descending onto the stairs, that this is done in one single movement, as this prevents a prolonged contact with the first step of the stairs.</p> <p>Ensure that the person at the bottom uses their hip to support the mattress, so that there is better control on the descent.</p> <p>The helper at the top will be able to control the speed of descent by using the towing straps.</p> <p>Continue to the designated evacuation assembly point or shelter, as per instructions from your organisation's evacuation plan.</p>	
<p><b>6</b></p>	<p>Always check the Escape-Sheet® before storing for any damage.</p>	
<p><b>7</b></p>	<p>If necessary clean, by following the washing instructions.</p>	
<p><b>8</b></p>	<p>Store the Escape-Sheets in a cool dry place.</p>	

**ATTENTION:**

The Escape-Sheet® must be used by trained persons only.

Damaged Escape-Sheets need to be disposed.

No alternations may be made to the Escape-Sheet, except by Escape Mobility Company.

Do not throw away this user manual.